

CREMORNE BOWLS & COMMUNITY CLUB



MISSION STATEMENT

- * To provide excellent lawn bowling and club facilities for the benefit of all members and our guests.
- * To operate in a friendly and professional manner creating an atmosphere of harmony, transparency and belonging.
- * To promote our club as a great little club that caters for a wide range of people.

We will achieve this by:

- * Respecting and appreciating our office bearers, workers and fellow club members.
- * Commitment and “buying into” our training and game preparation.
- * Being humble in victory and gracious in defeat.
- * Involving our club in community activities.

OTHER THINGS TO REMEMBER

“When you're not practising someone else is.”
- Dennis Lillee

- Take pride in your appearance and adhere to the uniform policy.
- All items of uniform to carry Bowls Australia logo.
- Flat soled shoes.
- Learn and obey the laws of the game.
- Remember good bowling etiquette.
- Establish your routine.
- Always be positive when you step onto the mat, know the shot you wish to play, visualise and execute.
- Get some coaching. Tap into experienced players and as many resources as you can.
- Study the safety tips on display at the clubhouse.
- Don't leave bags on seats. Ensure they are not in harm's way.
- If you are duty rink, remember to set up and clean up. Do your bit. If you don't know, find out what to do.
- Own your role, a team is 4 players - no player is more or less important than any other.
- Edify your team mates.
- Regularly ask yourself what have you done to improve your game.
- Remember that practice does not make perfect but perfect practice will help.
- Enjoy the game, when things get tough smile big.

Compiled by David Watkins from a variety
of resources supplied by Neil Winthrop.

PLAYING OUR ROLES

POSITION	SKILLS	RESPONSIBILITIES	PRACTICE
<p><u>LEAD</u> <i>(The Scout)</i> Calm, supportive, building the foundation.</p>	<p>Placing the mat. Rolling the jack and setting the length. 2 close bowls.</p>	<p>Never attack a close opposition shot - take good green to make the head wider. Bowl to the jack, don't bowl at it. Be prepared to use your own bowl if it is at jack level, otherwise your opponent may make use of it first. If conditions are changing you should be the first to notice and quietly pass it on to your team mates.</p>	<p>Rolling the jack to various lengths (vital). Weight drills. Good line and length.</p>
<p><u>SECOND</u> <i>(The Navigator)</i> Supportive, appreciates the importance of the role.</p>	<p>Ability to play both hands. Must play as directed. Reach the head. Play upshots when directed. Strengthen the head.</p>	<p>Never play 2 short bowls on an end - make sure your bowl reaches the head particularly if your team is holding shot. Double your efforts if your lead or three is struggling. Look on your position as a rewarding one - many skips regard it as the most important position on the team. Keep a tidy scorecard and an eye on the overall score.</p>	<p>All shots at varying lengths. Adding weight. Playing both hands.</p>
<p><u>THIRD</u> <i>(The Pilot)</i> Confident, mentally tough, loyal.</p>	<p>Master of all shots. Play position bowls or conversion shots. Steadying influence on the team.</p>	<p>Never play a variation on the shot skip has called for. You are in a unique position to quietly encourage your team mates to play well around you. A confident and smiling third is a real asset to the team. Be assertive and always measured.</p>	<p>Weight drills. Uphots. Playing both hands. Position bowls.</p>
<p><u>SKIP</u> <i>(The Conjurer)</i> Leader, imaginative, motivator, role model. Excellent communicator.</p>	<p>Master of all shots. Astute thinker. Excellent communication skills. Know the strengths of your team and allow them to play well.</p>	<p>Know the shot you or your team mate needs to play - treat it as a challenge not a problem. Always think ahead. Concentration is living one bowl into the future Speak slowly, loudly and clearly towards the other end. Indicate that you are in control of the situation. Retain your sense of humour. Don't publicly criticise your players or resort to sarcasm.</p>	<p>Full range of shots. Patience of Job. Positive body language.</p>